



Mighty Man Lessons

"Be thou strong therefore, and show thyself a man" –1 Kings 2:2

© 2007-2008 Mighty Men's Training Institute (MMTI)

www.MightyMen.us



Date: _____

The Making of a Mighty Man

Lesson # 1

I. What is a Man?

- "A man is a mature male who fulfills his God assigned responsibilities."
- Notes:

II. What is a Mighty Man?

- A Mighty Man is a man who practices the tenants as outlined in 1 Kings 2:2-4 and exhibits the characteristics as shown in 2 Sam 23:8.
- Notes:

III. 4 Levels of Manhood

- Level 1: A Man
- Level 2: A Mighty Man
- Level 3: A Captain of Mighty Men
- Level 4: A Chief of Captains



Date: _____

The Making of a Mighty Man

Lesson # 1

In your words, please give a brief explanation of what statements 1–6 mean to you.

(You are welcome to research each statement using reference materials of your choice)

Statement 1 : _____

Definition/Explanation: _____

Statement 2 : _____

Definition/Explanation: _____



Date: _____

The Making of a Mighty Man

Lesson # 1

Statement 3 : _____

Definition/Explanation: _____

Statement 4 : _____

Definition/Explanation: _____



Date: _____

The Making of a Mighty Man

Lesson # 1

Statement 5 : _____

Definition/Explanation: _____

Statement 6 : _____

Definition/Explanation: _____



Date: _____

Characteristics of a Mighty Man

Lesson # 2

"A Mighty Man is a man who practices the tenants as outlined in 1 Kings 2:2-4 and exhibits the characteristics as shown in 2 Sam 23:8"

Read 2 Sam 23:8-39 (NKJV, KJV)

Who are the 1st 3 men mentioned who were referred to as Mighty Men?

1. (v.8) (Name:) _____

2. (v.9-10) (Name:) _____

3. (v.11-12) (Name:) _____

What did each man do to be considered a Mighty Man? Also what characteristics are observed that allowed him to accomplish that? Please list each Mighty Man's name in sections 1-3 followed by characteristics (i.e. courage, faith, boldness etc.) observed in a-e. (Additional characteristics can be listed on the following summary page)

1. (v.8) (Name:) _____

a. Verse ____ : ____ (What he did) _____

b. Verse ____ : ____ (Characteristic) _____

c. Verse ____ : ____ (Characteristic) _____

d. Verse ____ : ____ (Characteristic) _____



Date: _____

Characteristics of a Mighty Man

Lesson # 2

- e. Verse ____ : ____ (Characteristic) _____
2. (v.9-10) (Name:) _____
- a. Verse ____ : ____ (What he did) _____

- b. Verse ____ : ____ (Characteristic) _____
- c. Verse ____ : ____ (Characteristic) _____
- d. Verse ____ : ____ (Characteristic) _____
- e. Verse ____ : ____ (Characteristic) _____
3. (v.11-12) (Name:) _____
- a. Verse ____ : ____ (What he did) _____

- b. Verse ____ : ____ (Characteristic) _____
- c. Verse ____ : ____ (Characteristic) _____
- d. Verse ____ : ____ (Characteristic) _____
- e. Verse ____ : ____ (Characteristic) _____



Date: _____

Characteristics of a Mighty Man

Lesson # 2

Who were the other men referred to as Mighty Men in verses 12-39?
(Please specify verse, Man's name and characteristics in following sections)

Additional Mighty Men

- 1) Verse ____ : ____ Name of Mighty Man: _____
(What he did) _____
- 2) Verse ____ : ____ Name of Mighty Man: _____
(What he did) _____
- 3) Verse ____ : ____ Name of Mighty Man: _____
(What he did) _____
- 4) Verse ____ : ____ Name of Mighty Man: _____
(What he did) _____
- 5) Verse ____ : ____ Name of Mighty Man: _____
(What he did) _____



Date: _____

Characteristics of a Mighty Man

Lesson # 2

Additional Characteristics

- 1) Verse ____ : ____ (Characteristic) _____
- 2) Verse ____ : ____ (Characteristic) _____
- 3) Verse ____ : ____ (Characteristic) _____
- 4) Verse ____ : ____ (Characteristic) _____
- 5) Verse ____ : ____ (Characteristic) _____
- 6) Verse ____ : ____ (Characteristic) _____
- 7) Verse ____ : ____ (Characteristic) _____
- 8) Verse ____ : ____ (Characteristic) _____
- 9) Verse ____ : ____ (Characteristic) _____
- 10) Verse ____ : ____ (Characteristic) _____
- 11) Verse ____ : ____ (Characteristic) _____
- 12) Verse ____ : ____ (Characteristic) _____
- 13) Verse ____ : ____ (Characteristic) _____
- 14) Verse ____ : ____ (Characteristic) _____
- 15) Verse ____ : ____ (Characteristic) _____



Date: _____

Characteristics of a Mighty Man Part 2

Lesson # 3

“A Mighty Man is a man who practices the tenants as outlined in 1 Kings 2:2-4 and exhibits the characteristics as shown in 2 Sam 23:8-39 & 1 Chronicles 11: 1-25”

Read 1 Chronicles 11:1-25 (NKJV, KJV)

Who are the 1st 3 men mentioned above who were referred to as Mighty Men?

1. (v.6) _____

2. (v.11) _____

3. (v.12) _____

How many chief men did David have?

(v 15) _____

What did each man do to be considered a Mighty Man or Chief/Captain of Mighty Men? What characteristics are observed that allowed him to accomplish that? Please list each Mighty Man's name in sections 1-3 followed by characteristics observed in a-e. (Additional characteristics can be listed on the following summary page)

1. (v.6) (Name:) _____

a. Verse ____ : ____ (What he did) _____



Date: _____

Characteristics of a Mighty Man Part 2

Lesson # 3

- b. Verse ____ : ____ (Characteristic) _____
- c. Verse ____ : ____ (Characteristic) _____
- d. Verse ____ : ____ (Characteristic) _____
- e. Verse ____ : ____ (Characteristic) _____
2. (v.11) (Name:) _____
- a. Verse ____ : ____ (What he did) _____

- b. Verse ____ : ____ (Characteristic) _____
- c. Verse ____ : ____ (Characteristic) _____
- d. Verse ____ : ____ (Characteristic) _____
- e. Verse ____ : ____ (Characteristic) _____
3. (v.12) (Name:) _____
- a. Verse ____ : ____ (What he did) _____

- b. Verse ____ : ____ (Characteristic) _____
- c. Verse ____ : ____ (Characteristic) _____
- d. Verse ____ : ____ (Characteristic) _____



Date: _____

Characteristics of a Mighty Man Part 2

Lesson # 3

e. Verse ____ : ____ (Characteristic) _____

Who were the other men referred to as Mighty Men in verses 20-39?
(Please specify verse, Man's name and characteristics in following sections)

Additional Mighty Men

1) Verse ____ : ____ Name of Mighty Man: _____

(What he did) _____

2) Verse ____ : ____ Name of Mighty Man: _____

(What he did) _____

3) Verse ____ : ____ Name of Mighty Man: _____

(What he did) _____

4) Verse ____ : ____ Name of Mighty Man: _____

(What he did) _____

5) Verse ____ : ____ Name of Mighty Man: _____

(What he did) _____

Additional Characteristics

3

"Be thou strong therefore, and show thyself a man" –1 Kings 2:2

© 2007-2008 Mighty Men's Training Institute (MMTI)

www.MightyMen.us



Date: _____

Characteristics of a Mighty Man Part 2

Lesson # 3

- 1) Verse ____ : ____ (Characteristic) _____
- 2) Verse ____ : ____ (Characteristic) _____
- 3) Verse ____ : ____ (Characteristic) _____
- 4) Verse ____ : ____ (Characteristic) _____
- 5) Verse ____ : ____ (Characteristic) _____
- 6) Verse ____ : ____ (Characteristic) _____
- 7) Verse ____ : ____ (Characteristic) _____
- 8) Verse ____ : ____ (Characteristic) _____
- 9) Verse ____ : ____ (Characteristic) _____
- 10) Verse ____ : ____ (Characteristic) _____
- 11) Verse ____ : ____ (Characteristic) _____
- 12) Verse ____ : ____ (Characteristic) _____
- 13) Verse ____ : ____ (Characteristic) _____
- 14) Verse ____ : ____ (Characteristic) _____
- 15) Verse ____ : ____ (Characteristic) _____
- 16) Verse ____ : ____ (Characteristic) _____



Date: _____

Characteristics of a Mighty Man Part 2

Lesson # 3

Additional Notes:



Date: _____

The Mighty Man's Mindset

(Defeating the Enemy in your life!)

Lesson # 4

This lesson will apply observations, characteristics and lessons learned from
Mighty Man lessons 1-3.

List the characteristics that are most meaningful to you as observed from 2 Sam 23: & 1 Chr. 11 in column 1. Then in column 2 list the area that you can apply each characteristic to in your own life. Let's make it personal, ready, set go!

Characteristics/Attributes (Column 1)	Areas: Personal/Family/Work/Social/Etc. (Column 2)
1: _____	Area: _____ Application:
2: _____	Area: _____ Application:
3: _____	Area: _____ Application:



Date: _____

The Mighty Man's Mindset

(Defeating the Enemy in your life!)

Lesson # 4

4: _____	Area: _____ Application:
5: _____	Area: _____ Application:
6: _____	Area: _____ Application:
7: _____	Area: _____ Application:



Date: _____

The Mighty Man's Mindset

(Defeating the Enemy in your life!)

Lesson # 4

What are some of the differences observed between Chiefs, Captains and Mighty Men?

What would you consider to be in the making, a Mighty Man, Captain or Chief? Why?

As a whole we see that Mighty Men attack their situations head on and obtain the victory.
What ways are you attacking your situation and obtaining the victories?